

Press Release

For Immediate release:

Contact: Gabe Carubia (203) 792-5558

Total Ankle Replacement

F. Scott Gray, M.D.

DANBURY, CT (June 6, 2008)

F. Scott Gray, M.D., a Board Certified Orthopedic Surgeon Specialty Trained in Foot and Ankle surgery, has successfully completed Total Ankle Arthroplasty (*Replacement*) using the Salto Talaris ankle replacement developed by Tornier, Inc.

Although ankle fusion was considered the standard for ankle arthritis sufferers for decades, the morbidity associated with a stiff ankle was a high price to pay for pain relief. Now, finally, **Total Ankle Replacement** may be offered as an alternative to ankle fusion surgery. Last year *The Journal of Bone and Joint Surgery* published a large retrospective study comparing Ankle Fusion surgery with Total Ankle Arthroplasty 5 to 10 years after surgery. Ankle replacement technology, long in development, has come of age! The researchers concluded that both procedures yield satisfactory results. Their final recommendation was that Total Ankle Arthroplasty may not be for everyone, but should be considered as a treatment option for people with certain kinds of ankle arthritis. The surgeon would determine which procedure is most appropriate for each patient.

Dr. Gray of Connecticut Family Orthopedics in Danbury and Ridgefield is one of two surgeons in Connecticut trained in the use of the Salto Talaris ankle replacement developed by Tornier, Inc. He is the second surgeon in Connecticut to have implanted the device and the first in western Connecticut. The Salto Talaris ankle has been used in Europe for the last 10 years and has been licensed for use by the U.S. Food and Drug Administration in the United States for the past 18 months.

Dr. Gray and **Dr. Michael Z. Fein** (*a local Podiatrist*) founded the **Danbury Foot and Ankle Center** in 1998, the first collaboration of that type in this community and an advantageous arrangement for patients who may benefit from a broad and comprehensive range of foot and ankle care. The **Danbury Foot and Ankle Center** specializes in treatment of arthritis of the foot and ankle and can be reached at (203) 792-5558. **Connecticut Family Orthopedics** can be reached at (203) 792-5558.